

## Annual Flower Seeding Dates for Calgary - last frost around May 29

Plant (Flowers)	Start inside or outside	Approx starting date (inside)	Planting outside ( number of weeks relative to last frost)
Ageratum	Inside	April 6-20	On frost-free date
Agrostemma (Corn Cockle)	Outside (but can be started inside)	April 6-20	On frost-free date
Amaranthus	Inside	April 27 – May 11	1 week after last frost
Ammi (False Queen Anne's Lace)	Outside (but can be started inside)	April 6-20	On frost-free date
Artemisia (Sweet Annie)	Inside	April 6-20	On frost-free date
Asclepias (Butterfly Weed)	Inside	March 9-23	On frost-free date
Aster, China	Inside	April 6-20	On frost-free date
Bells of Ireland	Outside directly	April 6-20	On frost-free date
Calendula	Outside (but can be started inside)	April 6-20	On frost-free date
Calibrachoa			
Carthamus (Safflower)	Outside (but may be started inside)	April 20 – May 4	On frost-free date
Castor Bean	Inside	April 13-27	One week after last frost
Celosia	Inside	April 13-27	One weeks after last frost
Centaurea (Bachelor's Button)	Outside (but can be started inside)	April 6-20	On frost-free date
Coleus	Inside	13-Apr	One week after last frost
Cosmos	Outside (but can be started inside)	April 13-27	On frost-free date
Delphinium	Inside	Feb 9 – March 23	On frost-free date
Dianthus (Sweet William)	Inside	Feb 23 – March 23	1-2 weeks before last frost
Digitalis (Foxglove)	Inside	March 9-23	On frost-free date
Forget-Me-Not	Inside	March 30 – April 6	On frost-free date
Hibiscus	Inside	March 30 – April 13	1 week after last frost
Hollyhock	Inside	March 23 – April 6	One week after last frost
Impatiens	Inside	March 30 – April 13	1 week after last frost
Ornamental Kale	Inside	April 6-20	On frost-free date
Lupine	Inside	March 2-9	2 weeks before last frost
Marigold	Inside	April 13-27	One week after last frost
Morning Glory	Inside	May 25 – June 8	3-4 weeks after last frost
Nigella	Outside (but can be started inside)	April 20 – May 4	On frost-free date
Pansies			
Phlox	Outside directly	06-Apr	1-2 weeks before
Petunia	Inside	March 23 – April 6	On frost-free date

<b>Plant (Flowers)</b>	<b>Start inside or outside</b>	<b>Approx starting date (inside)</b>	<b>Planting outside ( number of weeks relative to last frost)</b>
California Poppy	Outside (but can be started inside)	May 11-18	On frost-free date
Corn Poppy	Outside (but can be started inside)	May 11-18	On frost-free date
Iceland Poppy	Inside	April 6-20	On frost-free date
Ptilotus	Inside	April 6-20	On frost-free date
Rudbeckia(Black Eyed Susan)	Inside	March 23 – April 6	On frost-free date
Salvia	Inside	March 23 – April 20	On frost-free date
Snapdragons	Inside	March 23 – April 6	On frost-free date
Statice	Inside	06-Apr	On frost-free date
Sunflowers	Outside (but can be started inside)	May 4-11	On frost-free date
Sweet Pea	Outside (but can be started inside)	April 6-27	1-2 weeks before last frost
Thunbergina (Black Eyed Susan Vine)	Inside	April 6-20	On frost-free date
Verbena	Inside	March 9 – April 6	On frost-free date
Viola (Pansy)	Inside	Feb 23 – March 30	1-2 weeks before last frost
Yarrow	Inside	March 23 – April 6	On frost-free date
Zinna	Inside	11-May	1 week after last frost

Partial Source: <http://www.johnnyseeds.com/e-pdgseedstart.aspx>