

Edmonton Veggie and Herb Planting Dates 2022 - last frost around May 15

| Crop | top line: Based on Frost Dates bottom line: Based on Moon Dates | | |
|---------------------|--|--------------------------------------|--------------------------------|
| | Start Seeds Indoors | Plant Seedlings or Transplants | Start Seeds Outdoors |
| Thyme | Mar 5-Apr 3 Mar 5-18, Apr 1-3 | May 15-Jun 5 May 15, M 30 - Jun 5 | N/A |
| Rosemary | Mar 5-20 Mar 5-18 | May 22-Jun 12 May 30 - Jun 12 | N/A |
| Celery | Mar 5-20 Mar 5-18 | May 22-Jun 5 May 30 - Jun 5 | N/A |
| Eggplants | Mar 5-20 Apr 1 - 3 | May 29-Jun 12 May 30 - Jun 12 | N/A |
| Bell Peppers | Mar 5-20 Mar 5-18 | May 22-Jun 5 May 30 - Jun 5 | N/A |
| Oregano | Mar 5-Apr 3 Mar 5-18, Apr 1-3 | May 15-Jun 5 May 15, M 30 - Jun 5 | N/A |
| Sage | Mar 20-Apr 3 Apr 1 - 3 | May 15-29 15-May | N/A |
| Kale | Mar 20-Apr 3 Apr 1 - 3 | Apr 17-May 8 Apr 30 - May 8 | N/A |
| Radishes | N/A | N/A | Mar 20-Apr 10 Mar 29-Apr 10 |
| Cauliflower | Mar 20-Apr 3 Apr 1 - 3 | Apr 17-May 8 Apr 30 - May 8 | N/A |
| Tomatoes | Mar 20-Apr 3 Apr 1 - 3 | May 22 - Jun 12 May 30 - Jun 12 | N/A |
| Basil | Mar 20-Apr 3 Apr 1 - 3 | May 15-Jun 5 May 15, M 30 - Jun 5 | N/A |
| Broccoli | Mar 20-Apr 3 Apr 1 - 3 | Apr 17-May 8 Apr 30 - May 8 | N/A |
| Cabbage | Mar 20-Apr 3 Apr 1 - 3 | Apr 17-May 1 Apr 30 - May 1 | N/A |
| Kohlrabi | Apr 3-17 Apr 3 - 16 | Apr 24-May 1 Apr 30 - May 1 | N/A |
| Swiss Chard | Apr 3-17 Apr 3 - 16 | Apr 24-May 1 Apr 30 - May 1 | N/A |
| Spinach | N/A | N/A | Apr 3-24 Apr 3-16 |
| Peas | N/A | N/A | Apr 3-24 Apr 3-16 |
| Lettuce | Apr 3-17 Apr 3-16 | May 1-29 May 1-15 | N/A |
| Carrots | N/A | N/A | Apr 10-24 Apr 17-24 |
| Dill | N/A | N/A | Apr 10-24 Apr 10-16 |
| | | | |

| Crop | top line: Based on Frost Dates | | bottom line: Based on Moon Dates |
|----------------------|--------------------------------|--------------------------------|----------------------------------|
| | Start Seeds Indoors | Plant Seedlings or Transplants | Start Seeds Outdoors |
| Sweet Potatoes | Apr 17-24 | May 29-Jun 12 | N/A |
| | Apr 17-24 | 29-May | |
| Cantaloupes | Apr 17-24 | May 29-Jun 12 | N/A |
| | Apr 17-24 | May 30-Jun 12 | |
| Turnips | N/A | N/A | Apr 17-May 8 Apr 17-29 |
| Zucchini | Apr 17-May 1 Apr 30 - May 1 | May 29-Jun 12 May 30-Jun 12 | N/A |
| Watermelons | Apr 17-24 | May 29-Jun 12 | N/A |
| | Apr 17-24 | May 30-Jun 12 | |
| Chives | N/A | N/A | Apr 17-24 Apr 17-24 |
| Cucumbers | Apr 17-24 | May 29-Jun 12 | N/A |
| | Apr 17-24 | May 30-Jun 12 | |
| Parsley | N/A | N/A | Apr 17-May 1 Apr 30-May 1 |
| Onions (sets) | N/A | N/A | Apr 17-May 8 Apr 17-29 |
| Pumpkins | Apr 24-May 8 | May 29-Jun 12 | N/A |
| | Apr 30-May 8 | May 30-Jun 12 | |
| Parsnips | N/A | N/A | Apr 24-May 15 Apr 27-May 10 |
| Arugula | N/A | N/A | May 1-15 May 1-15 |
| Beets | N/A | N/A | May 1-22 |
| | | | May 16-22 |
| Potatoes | N/A | N/A | May 8-29 |
| | | | May 16-29 |
| Cilantro (Coriander) | N/A | N/A | May 15-29 15-May |
| Corn | N/A | N/A | May 15-29 15-May |
| Green Beans | N/A | N/A | May 22-Jun 12 |
| | | | May 30-Jun 12 |

What Is Planting by the Moon?

Planting by the Moon (also called "Gardening by the Moon") is a traditional way to plant your above- and below-ground crops, especially at the start of the season. Here's how it works:

Plant annual flowers and vegetables that bear crops above ground during the light, or waxing, of the Moon. In other words, plant from the day the Moon is new until the day it is full.

Plant flowering bulbs, biennial and perennial flowers, and vegetables that bear crops below ground during the dark, or waning, of the Moon. In other words, plant from the day after the Moon is full until the day before it is new again.